



Maayu Mali Client Pre- Admission Information

Maayu Mali is a **SMOKE FREE ENVIRONMENT**.

What is Maayu Mali?

Maayu Mali means to “make better” in Gomerioi/Kamilaroi/Gamilaraay language. It offers a 3 month residential rehabilitation program followed by after-care services, delivered in a culturally sensitive context to assist Aboriginal & Torres Strait people experiencing drug and alcohol addiction. These services include:

- Case Management.
- Group work-Drug and Alcohol, Health, Family Violence, Parenting Life Skills, Relapse Prevention.
- Activities-e.g. cultural outings and activities, gym, education.
- Access to external services e.g. counselling, Legal support, 12-step fellowships, and medical services.

Where is Maayu Mali?

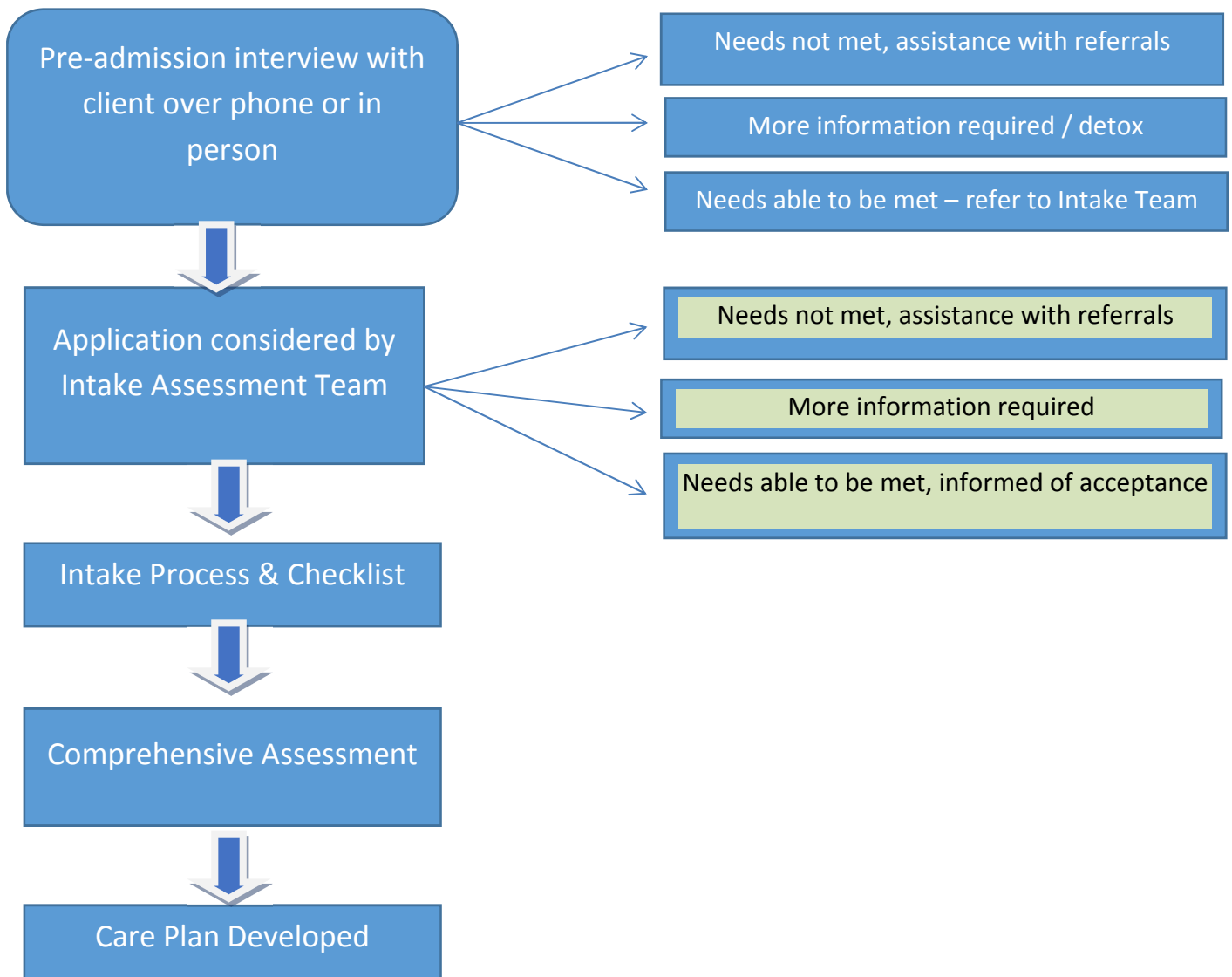
Maayu Mali is located at 180 Greenbah Rd, Moree NSW 2400 NSW, on North West Slopes & Plains. Moree has a population of 13,622 people; and has a unique blend of cultures.



How do I access *Maayu Mali* services?

The flowchart outlines the steps involved in accessing *Maayu Mali* services.

Intake Process



Assessment and required paperwork

Self-referral & Pre-admission assessment

You can complete your initial assessment either face to face or on the phone (**02 6752 5036**) with a Maayu Mali Aboriginal Health Worker. Another agency may make initial contact on your behalf but you must speak to the Maayu Mali worker yourself. You will be asked questions such as:

- Contact details
- Name, address, date of birth and other identifying information
- Medical history including mental and dental health
- Criminal history
- Substance use details
- Family and other support network information
- Patterns of substance use if applicable

- Previous detox history if applicable
- Financial and relevant legal information
- Housing/current living arrangements
- Aboriginality Form

Paperwork required prior to entry

Paperwork you may be required to complete prior to entry into *Maayu Mali*, is listed below. Copies of these forms are available by contacting a Maayu Mali staff member.

- Criminal history check
- Medication record
- Income statement

Privacy and Confidentiality

All clients have the right to privacy and confidentiality. Personal information is collected to enable *Maayu Mali* to provide a service to you. Personal information will only be disclosed if we have your consent, or if we are required or authorised by law, or if there is a serious threat to the health or welfare of any person.

What do I need to bring to *Maayu Mali*?

The following list includes some suggestions as to what you should bring for your stay at *Maayu Mali*.

Checklist (NB: All bedding and towels are provided)

Clothing	✓	Footwear	✓	Toiletries	✓
Trousers		Joggers		Toothbrush	
Shorts		Covered in shoes (required for kitchen and outings)		Toothpaste	
Jumpers		Slippers		Soap and soap holder	
Shirts		Thongs		Shampoo/conditioner	
Socks				Roll-on deodorant	
Underwear				Sanitary items for women	
Warm coat					

Miscellaneous	✓	Optional	✓
Swimmers		Reading material	
Sun Hat		Clock/Radio	
Beanie		Photos	
Scarf and gloves		Other personal items to decorate room (note banned items in section 6)	

You should also bring the following:

- Medicare card, Health care card, Bank details and any other ID you have. Persons not yet on social security benefits will require at least 100 points of ID in order to gain financial support.
- Copy of your bail, parole or bond conditions.
- Any medical prescriptions.

Maayu Mali cannot take responsibility for a client's belongings.

Am I able to contact my family and friends?

As a Residential Rehabilitation client you are subject to a limited contact rule for the first two weeks of your stay to allow you time to settle in and focus on the program. External contact is restricted to letters only unless individual arrangements are negotiated with your Case Manager (e.g. contact with children, families and emergencies).

After settling into the program, Residential rehabilitation clients may make and receive phone calls.

Visits to *Maayu Mali* are permitted from external service providers during your first month. Special allowances may be made for children and immediate family. Other visitors may be permitted to *Maayu Mali* after one month on negotiation with your Case Manager. All visitors need to be drug and alcohol free and willing to sign our visitors' code of conduct agreement. Visitors are NOT permitted to smoke on the premises.

Mobile phones are not permitted during your stay however clients are permitted one call on arrival to a family member to advise they have arrived safely.

What can't I bring to *Maayu Mali*?

The following list of contraband outlines items that are not allowed to be brought into *Maayu Mali*. The aim of this is to protect the safety and security of all clients and staff members, and to ensure that your environment during rehabilitation is a healthy one.

- Mouthwash or anti-bacterial sanitizers that contain alcohol
- Non-prescribed medication, including over the counter medications,
- Aerosol sprays such as deodorants
- Any form of paraphernalia containing drugs, alcohol or gambling
- High energy drinks
- Knives, scissors and other items which may be used as weapons
- Personal Televisions, DVD, Video players, Mp3 players.
- DVDs and/or videos
- Large stereo systems
- Game consoles
- Pornography in any form

Please note that any over-the-counter creams, medications or supplements (e.g. panadol, vitamins) of any kind will need to be discussed with the key case worker on admission. and placed on your medication record prior to being taken to your room. All Medication and Supplements will be locked away once admitted in *Maayu Mali*.