



## Community Service Announcement

### Free Aboriginal Men's Health Expo

Registrations are open for the Quit B Fit Aboriginal Men's Health Expo, to be held in Dubbo 20-24 February.

The free expo, first held in 2015 brings together Aboriginal men to yarn about important men's issues.

The Quit B Fit Tackling Indigenous Smoking team has developed a week-long itinerary for the expo with guest speakers on a variety of different issues ranging from mental health, smoking cessation, domestic violence, gambling, culture and healthy lifestyles.

The expo will be held at a number of venues including Victoria Park, Western Plains Taronga Zoo, Dubbo Golf Club, Dubbo Regional Theatre and Vista Lodge.

All meals during the expo will be fully catered.

Accommodation and transport support options are available for men travelling from out of town.

**THIS IS AN ALCOHOL & DRUG FREE EVENT.**

To register ring Quit B Fit Office 68822757 or visit [www.wachs.net.au](http://www.wachs.net.au)

or Visit our Facebook page #quitbfit for more information

*Proudly hosted by QUIT B FIT*

*Tackling Indigenous Smoking Program*